



EHAC

Preserve a Life.
Save a Heart.

I understand that heart attacks have beginnings that may include chest discomfort, shortness of breath, shoulder and/or arm pain, and weakness.

These may occur hours or weeks before the actual heart attack.

I solemnly pledge that if it happens to me or anyone I know, I will call 9-1-1 or activate our Emergency Medical Services.

I Pledge to Save a Life with EHAC!

Name _____

Date _____



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